



LET US DREAM

Connect



TRIENNIAL INTERNATIONAL CONFERENCE 2023

Empowered Communities - Strengthening Connections for a Sustainable Future

CONFERENCE THEME

In fostering cooperation, resilience, and sustainable development, the Conference's theme is **"Empowered Communities - Strengthening Connections for a Sustainable Future."**

The Let Us Dream (LUD) Triennial International Conference 2023 brings together individuals with inspiring stories of social intervention. The Conference offers a dynamic platform featuring motivational speakers, seminars, panel discussions, and networking opportunities.

The theme underscores the value of collaborative efforts and participation at the community level, involving various sectors such as:

NGOs



Educational institutions



Service groups



Corporations



Volunteers



Register here



letusdream.org



Attendees from diverse backgrounds and organizations have the opportunity to come together, share ideas, and create plans for local and global community engagement, working towards a sustainable future.

EDUCATION PANEL THEMES

PANEL 1

GLOBAL EDUCATION POLICIES, REFORMS, AND INNOVATIONS

Education extends beyond classrooms, with parents, society, and subject matter experts needed to nurture holistic development. Such collaborative efforts bridge the gap between home, school, and the community. Curriculum integration, critical thinking, values, global perspectives all go into shaping well-rounded individuals to contribute to a better future. To cope up with the rising advent of advancements, accreditation, efficiency, and holistic approaches have become a necessity in the evolving demands existing in the nature of education.



PANEL 2

EQUITY AND INCLUSION IN EDUCATION

Education should be a right, not a privilege. This panel discusses policies and proposals, breaking down barriers and providing underprivileged students equal access to quality education. It explores scholarships, infrastructure, and initiatives to ensure that every learner has the opportunity to unlock their potential and reshape their future. One size doesn't fit all in the modern world, where personalization is a popular buzzword. Uncover how customized curriculum materials are transformational in educational settings. Educators can foster deeper engagement and understanding by tailoring content to diverse learning styles and needs.



PANEL 3

TRANSFORMATIVE ENGAGEMENT FOR A RESILIENT AND THRIVING WORLD

Education must focus on learner-centric transformation, embracing competency-based paradigms. Learning should be designed to ignite curiosity and nurture global perspectives. Additionally, research networks play a pivotal role, fostering innovation and continuous improvement across educational institutions. This collective effort promotes excellence and relevance in an evolving educational landscape, empowering learners for success in a fast-changing and dynamic world.



HEALTH PANEL THEMES

PANEL 1

FOSTERING SUSTAINABLE CHANGE: UNITING COMMUNITIES AGAINST FOOD INSECURITY

In the battle against food insecurity, community collaboration is the driving force for sustainable change. The panelists will discuss, among other topics:

- The next generation's access to nutritious food.
- The collective need to effectively combat food insecurity.

This will require a two-pronged approach:

1. At the macro level, comprehensive policies to address root causes like income inequality and food distribution.
2. Simultaneously, at the micro level, education and community programs to empower individuals to make healthier choices and reduce food waste.



PANEL 2

EMPOWERING HOLISTIC HEALTH: EDUCATION, AWARENESS, AND COLLABORATION



In today's fast-paced world, achieving holistic health is crucial for fulfillment.

This journey begins with education and awareness. Collaborating with governments, healthcare providers, organizations, and individuals to achieve supportive policies and accessible healthcare services on a broad scale are vital. The panelists discuss the need to embracing health education and the power of public health awareness to foster a healthier society. This includes:

- Promoting health literacy, community initiatives, and early intervention.
- Reducing mental health stigma across generations.

PANEL 3

FOSTERING RESILIENCE: TRUST AND COLLABORATION IN DISASTER PREPAREDNESS

In an era of rising natural disasters and unforeseen challenges, community resilience and disaster preparedness are paramount for sustainability. Effective disaster preparedness demands collective action from governments, local authorities, NGOs, and the wider community. Trust forms the foundation for this cooperation, with

- communities trusting their needs will be met,
- authorities valuing community input, and
- organizations relying on each other's capabilities.



SOCIAL PANEL THEMES

PANEL 1

LONELY TOGETHER: EXPLORING THE PARADOX OF CONNECTION AND LONELINESS IN MODERN TIMES

A pressing concern in this digital age is social isolation and loneliness, despite the abundance of technological connections everywhere. This issue stems from a lack of meaningful interaction exacerbated by modern lifestyles, excessive screen time, remote work, and weakened community bonds. Social isolation and loneliness have profound effects on mental and physical well-being, often correlated with depression, anxiety, and health problems. Bridging isolation through in-person and technology-driven connections can lead to a happier, healthier, and more connected future.



PANEL 2

CLIMATE INJUSTICE: ARE WE ALL FACING THE BRUNT EQUALLY?

A crucial theme, climate justice highlights the ethical aspects of the environmental crisis. Climate change disproportionately affects marginalized communities and developing nations, despite their minimal contributions to the problem. This disparity leads to extreme weather events, displacement, and limited resource access. Climate justice calls for systemic change to address historical injustices and transition to sustainable economies that uplift these vulnerable populations. Integrating climate justice into discourse, policies, and actions, fosters a more inclusive, resilient, and sustainable future where no one is left behind in the pursuit of a healthier planet.



PANEL 3

NEW HORIZONS. NEW STRUGGLES. CAN WE ENSURE DIGNITY IN MIGRATION?

A vital aspect in our interconnected world is how we treat migrants. This panel topic goes beyond borders, reflecting our shared humanity. Regardless of immigration status, it's vital to uphold migrants' intrinsic worth and rights throughout their journey. This commitment involves ensuring:

- Secure and humane travel conditions
- Fair treatment
- Access to essential services
- Protection against exploitation and abuse.

Respecting a migrant's dignity means recognizing their agency and individuality. It also necessitates policies and proposals that champion their rights and well-being.



WELCOME ADDRESS

Day 1

November 3, 2023

EDUCATION



Rev Dr Joseph CC

Vice Chancellor
Christ University, India

Day 2

November 4, 2023

HEALTH



Dr Angela Curl

Miami University
Ohio, USA

Day 3

November 5, 2023

SOCIAL



Dr Jain Mathew

Dean, School of Business
& Management
Christ University, India

INAUGURAL ADDRESS

Day 1

November 3, 2023

EDUCATION



Dr Donald E Hall

Provost & Executive Vice
President for Academic Affairs,
Binghamton University, USA

Day 2

November 4, 2023

HEALTH



Dr Donna R Hedgepath

Provost & Vice President for
Academic Affairs, Campbellsville
University, USA

Day 3

November 5, 2023

SOCIAL



Mr Chocko Valliappa

CEO, VEE Technologies &
Vice Chairman, Sona Group
of Institutions

KEYNOTE SPEAKERS

Day One
November 3, 2023

EDUCATION



Ms Hope LeNoir
Founder and Owner
Rise and Fly (C), LLC

Day Two
November 4, 2023

HEALTH



Dr Sunita Maheshwari
Chief Dreamer, Loop
Closer & Cofounder,
The Telerad Group

Day Three
November 5, 2023

SOCIAL



Dr Norbert Frieters- Reermann
Professor of Education &
Educational Sciences
Aachen, Social Services

IT'S MORE THAN A 3-DAY EVENT!

LUD believes that the real 3-day Conference is also the celebration of all the networking, planning and learning experience of more than 6 months. This happens in 3 phases:

PRE CONFERENCE

The organizing committee virtually connects at least once a week where people from diverse backgrounds and expertise provide insights toward planning and decision-making.

This helps each member interact and learn from each other even before the Conference begins.

[Click Here to join the organising committee](#)

DURING CONFERENCE

Hop into the arena of being a Changemaker.

Participate in exchanging, impactful insights and experiences, visit our vibrant stalls and collaborate with aspiring changemakers and social entrepreneurs to build a sustainable lives and communities.

[Click Here to register for free](#)

POST CONFERENCE

LUD initiates multiple Communities of Practices (CoP) for further collaboration and fellowships of sharing of mutual best practices, knowledge and skills. All the participants are invited to join any of the following clubs/communities:

Monthly local community get together - Choose a domain of your interest from Education, Health, and Social across multiple locations, exchange insights and best practices for a greater impact on the community.

Conversation Club (virtual):

A platform to transnationally engage in casual and reflective conversations on a wide range of themes, from the serious to the whimsical.

Pro Club (virtual):

A mutual mentoring platform for personal growth and professional development

Self-Help Club (virtual):

Focuses on health, happiness and it targets personal development and self discovery.

Global Youth Leadership Network:

Club for emerging and prospective young leaders to develop leadership skills through mutual mentoring

OUR OTHER INITIATIVES

WORKSHOP

- Note-Worthy: A music-based Employee Development Program

PRODUCTION:

- DREAMS Band

RESEARCH & COURSES:

- The DREAMS Program
- Fellowship
- Young Community Leadership Program Course

MESSAGE FROM OUR CHAIRS



**JIMMY
CHERIAN**



Attending and organizing the Let Us Dream (LUD) 2022 Conference was an exhilarating and enriching experience that left an indelible mark on me. The idea and philosophy behind this conference captured my attention, and it continues to do so as we prepare for the LUD 2023 Triennial conference. It's a platform for inspiring, learning and networking, where we gather to host innovative and thought-provoking sessions led by experts and enthusiasts from diverse fields.

We do this with the aim of making our world a better place. As the Chair of the Education Track for 2023, my goal is to present, discuss, and share ideas on how we can reimagine education for our rapidly changing world. We believe that reimagining education is an ongoing process; one that requires collaboration among educators, policymakers, students, and the community. Through this conference, we aim to embrace these ideas and explore their adaptation to local needs, creating a more holistic and effective educational system that prepares students for future challenges. Join us as we DREAM of a better, equitable, and peaceful world! Your participation will undoubtedly contribute to this process.



When the team planned our panel discussions in its initial stage, we unanimously agreed on the following three topics:

1. "Lonely Together: Exploring the Paradox of Connection and Loneliness in Modern Times"
2. "Climate Injustice: Are We All Facing the Brunt Equally?"
3. "New Horizons, New Struggles: Can We Ensure Dignity in Migration?"



**ANUPA
GNANAKAN**

Despite hailing from different regions with its unique challenges, loneliness, climate injustice, and human migration are the most common global issues. Our eagerly anticipated committee meetings consistently led to meaningful discussions on these three panel topics, where, from our enriching experiences, reinforced the importance of these chosen themes.

Our world is changing and disintegrating before our eyes, and we are all bearing the consequences of our collective actions. It has become imperative for us to engage, understand and listen to a myriad of experiences – all in pursuit of creating change in our own capacities. This is what I cherish about the LUD conferences; they enable everyone to participate in crucial discussions that can impact our daily lives and inspire us to strive for better and dream of a brighter future.

