



# LET US DREAM ANNUAL COMMUNITY CONFERENCE 2024

THIRUVANANTHAPURAM

**SUSTAINABLE SYNERGIES: BUILDING RESILIENT  
COMMUNITIES THROUGH COLLECTIVE EFFORT**

**NOVEMBER 16 2024 | 9.00AM – 5.00PM  
CHRIST NAGAR COLLEGE, MARANALLOOR**

**REGISTER NOW**



GET TICKETS ON

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letusdream.org

letusdream@cnc.ac.in



## About Let Us Dream Annual Community Conference

The Let Us Dream (LUD) conference is a platform for sharing, learning from, and celebrating the diversity of people's selfless acts of care, compassion, and concern for community. The LUD conference invites individuals with bigger hearts and deeper thoughts for bettering society to engage in discourse, problem solve, and explore the challenges inherent in community change and improvement efforts. This conference is a space where people come to share their experiences, learn from each other, and celebrate the diversity of efforts that contribute to the well-being of our communities.

Since its inception in 2017 the annual conferences have served as a venue for dynamic discussions grounded in research, practical experience, and best practices aimed at community development. These events are organized by passionate volunteer teams and hosted at various institutions worldwide, promoting international dialogue and collaboration. The conference also provides opportunities for students, researchers, and practitioners to exchange knowledge and experiences, amplifying collective efforts to make a meaningful impact on community improvement.

### VISION

- Empowered local communities for sustainable global impact and improvement.

### MISSION

- The Let Us Dream Conference was established in 2017 for the purpose of providing a forum for sharing experiences with successes and challenges in community improvement organisations and efforts.

### GOALS

*Broad conference goals are to:*

- Improve networking and collaboration among all those interested in community improvement organisations and programs.
- Promote volunteerism and empower all involved in community improvement organisations and initiatives, including employees, volunteers, post-secondary students, researchers, and practitioners.
- Create a professional learning organisation dedicated to improving local communities and characterized by a culture of shared researcher and practitioner knowledge, skills, theories, and best practices.

# WHY PARTICIPATE?

*The Let Us Dream Conference is designed to:*

## Empower Diverse Individuals

- Engage a broad range of participants from various age groups and backgrounds involved in community service and experiential learning. Through innovative interventions, participants gain practical insights and make a lasting impact on their communities.

## Foster Cross-Generational Collaboration

- Bring together entrepreneurs, retirees, and professionals who contribute their expertise and time to voluntary community development projects, helping build sustainable initiatives for a better tomorrow.

## Provide Hands-On Workshops and Collaborative Discussions

- Participate in workshops and discussions that foster teamwork and equip participants with actionable tools and methods. These sessions are geared toward developing solutions for pressing community issues, empowering participants to implement sustainable practices within their own communities.

## Celebrate Unsung Heroes

- Honor individuals who have made a significant impact on their communities through quiet dedication and selfless service. Recognizing these unsung heroes serves as inspiration for all attendees, highlighting the profound impact that each person can have.

## Create Networking Opportunities for Social Impact

- Offer non-profit organizations, philanthropists, social workers, and educators the chance to connect, exchange ideas, and collectively drive community improvement efforts forward.

## Community Initiative Showcase

- Explore a variety of stalls hosted by non-profits, artisans, and local organizations presenting their projects and products. Some stalls are paid, while free stalls are offered to NGOs, allowing them to engage a broader audience and gain support for their community-driven efforts.

# HOST 2024



## CHRIST NAGAR COLLEGE

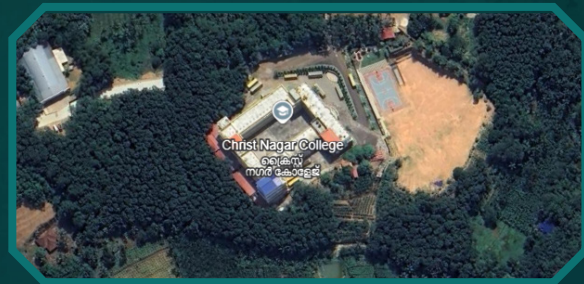
MARANALLOOR, THIRUVANANTHAPURAM

A CMI Educational Institution | Affiliated to the University of Kerala

Christ Nagar College, a self-financing institution, affiliated to the University of Kerala, Thiruvananthapuram, was established by CMI Fathers, the pioneers in the field of education and social reforms, in the year 2012 at Maranalloor, a sleepy hamlet in Thiruvananthapuram district, just 12 kms away from the city limits.

It is a premier institution set on a sprawling campus of 37.5 acres of land enveloped by the bounty of nature. The salubrious and placid surroundings of the college provide a conducive atmosphere for the teaching-learning process. The diligence and dedication of CMI Fathers and the conscientiousness and commitment of the faculty members and the élan and ebullience of the students enabled it to carve a niche for itself within a short while.

Christ Nagar College Maranalloor  
Koovalassery P.O, Trivandrum-695512





Empowering Communities

# SCHEDULE

**09:00AM - 09:50AM - REGISTRATION**

**10:00AM - 10:45AM - INAUGURAL CEREMONY**

 **SESQUICENTENNIAL HALL**

- > **10:00AM - 10:10AM - CULTURAL PROGRAMME**
- > **10:10AM - 10:20AM - WELCOME SPEECH (REV. FR CYRIAC MADATHIL CMI)**
- > **10:20AM - 10:25AM - GENERAL INTRODUCTION (FR. LIJO THOMAS)**
- > **10:25AM - 10:30AM - TRIVANDRUM CONFERENCE EXPERIENCE (JIMMY MANUEL)**
- > **10:30AM - 10:40AM - KEY NOTE ADDRESS ( RAJU NARAYANA SWAMY IAS)**
- > **10:40AM - 10:45AM - FELICITATION (DR BAIJU RAMACHANDRAN)**

**10:45AM - 11:00AM- BREAK**

**11:00AM 12:00PM - SOCIAL PANEL**

 **CHAVARA CHAMBER**

- > **11:00AM - 11:10AM - SHEEJA SANDRA (SNEHA SANDRAM)**
- > **11:10AM - 11:20AM - PRABIN P D (NADI FOUNDATION)**
- > **11:20AM - 11:30AM - SARATH K MANOHARAN (GREEN WORMS)**
- > **11:30AM - 11:40AM - SURYA S B (BRING BACK GREEN FOUNDATION)**
- > **11:40AM - 11:50AM - NITHEESH SUNDARESAN (VARSYA ECO SOLUTIONS)**
- > **11:50AM - 12:00PM - OPEN FORUM**

**12:00PM - 12:10PM - UNSUNG HERO - ANEETH**

**12:10PM - 01:10PM - HEALTH PANEL**

 **CHAVARA CHAMBER**

- > **12:10PM - 12:20PM - CIGIMOL JACOB (KERALA SOCIAL SECURITY MISSION)**
- > **12:20PM - 12:30PM - ANIL A (CHILLA)**
- > **12:30PM - 12:40PM - PRADEEP C (SOCIETY FOR ACTION IN COMMUNITY HEALTH)**
- > **12:40PM - 12:50PM - DR.ATHIRA MENON**
- > **12:50PM - 01:00PM - DR.S.K.AJAIYAKUMAR**
- > **01:00PM - 01:10PM - OPEN FORUM**

**01:00PM - 01:50PM - LUNCH BREAK**



Empowering Communities

# SCHEDULE

**01:50PM - 02:00PM - UNSUNG HERO - MALAYINKEEZH PREMAN**

**02:00PM - 03:00PM - EDUCATION PANEL**

 **CHAVARA CHAMBER**

- > **02:00PM - 02:10PM - DR.SARITHA BAIJU**
- > **02:10PM - 02:20PM - TONY M TOM (MISSION BETTER TOMORROW)**
- > **02:20PM - 02:30PM - AJO P (CAMBIO FOUNDATION)**
- > **02:30PM - 02:40PM - AUGUSTINE E JOSEPH (DOLPHODS FOUNDATION)**
- > **02:40PM - 02:50PM - VINOD NARAYAN**
- > **02:50PM - 03:00PM - OPEN FORUM**

**03:00PM - 03:15PM - UNSUNG HERO - BHASKAR**

**03:15PM - 03:30PM - BREAK**

**03:30PM - 04:30PM - CLOSING CEREMONY**

 **SESQUICENTENNIAL HALL**

- > **03:30PM - 03:45PM - COLLEGE BAND**
- > **03:45PM - 03:50PM - WELCOME SPEECH (VINOD.M.S)**
- > **03:50PM - 03:55PM - REV. FR CYRIAC MADATHIL CMI**
- > **03:55PM - 04:05PM - CONFERENCE OVERVIEW (FR LIJO THOMAS)**
- > **04:05PM - 04:20PM - CLOSING KEY NOTE (SANJAYAN KUMAR IFS)**
- > **04:20PM - 04:25PM - B R KRISHNANUNNI**
- > **04:25PM - 04:30PM - VOTE OF THANKS (DEEPTHI RANI)**

## WORKSHOPS

- > **11:00AM - 11:30AM - CAMBIO FOUNDATION**
- > **11:45AM - 12:15PM - WE GROW FOREST FOUNDATION**
- > **12:30PM - 01:00PM - TREE TAG**
- > **02:00PM - 02:30PM - 3Z STUDY ABROAD**

 **SEMINAR HALL**

- > **11:00AM - 11:30AM - TREE WALK**
- > **11:45AM - 12:15PM - LETS LIVE**
- > **12:30PM - 01:00PM - NAUGHTY PETS**

 **ROOM NO 17**

# OPENING KEY NOTE



## **RAJU NARAYANA SWAMY** **INDIAN ADMINISTRATIVE SERVICE**

Raju Narayana Swami is a distinguished Indian Administrative Service (IAS) officer, known for his exceptional service in various capacities within the government. His career has been marked by a commitment to public service, integrity, and a focus on social welfare and development. He gained widespread recognition for his role in implementing key reforms, particularly in areas such as education, health, and administration. His leadership has been instrumental in streamlining processes and improving governance at both the state

and national levels. During his career, he served as the district collector across five districts in Kerala, earning widespread acclaim for his innovative approach to governance. Renowned for promoting transparency and actively combating corruption, he played a pivotal role in disaster management and rural development initiatives. A prolific writer with 33 books, he is also a Kerala Sahitya Akademi Award winner and recipient of the Satyendra Dubey Memorial Award, embodying a lifelong commitment to societal betterment.



# SOCIAL PANEL



## SHEEJA SANDRA

A social worker for differently-abled children and adults, she supports people with disabilities and their families. She is a member of Sneha Sandram Charitable Trust, a non-profit organization registered under the Charitable Societies Act of Kerala. This organization is exclusively operated by mothers of children with disabilities, with a primary goal of building a rehabilitation center for children in need.



## PRABIN P B

Prabin PB is a dedicated social worker who have been working for last twelve years and he is the founder of NADI, an NGO that has been making a significant impact in society. His unwavering commitment to promoting social responsibility and improving the lives of marginalized communities has positioned him as a leader in social activism.



## SARATH K MANOHARAN

A dedicated and passionate environmental professional with over three years of experience in waste management, recycling, and sustainable living, he holds a Master's degree in Geography from the Central University of Tamil Nadu. Committed to creating innovative solutions for a cleaner environment and advocating eco-friendly practices, he is also a member of Green Worms NGO. Green Worms works to create safe, dignified, fair-income jobs and micro-entrepreneurship opportunities through a circular economy, aiming to eliminate waste and povert



## SURYA S B

She is a dedicated professional and researcher with three years of experience in climate change, waste management, and sustainability. Currently, she serves as a young professional at Haritha Keralam Mission and is the research head and an executive member of the Bring Back Green Foundation. She has conducted extensive research on waste management and has developed projects and campaigns to implement sustainable waste management systems and community education at both local and institutional levels. Additionally, she has qualified for the UGC NET in Environmental Science three times.



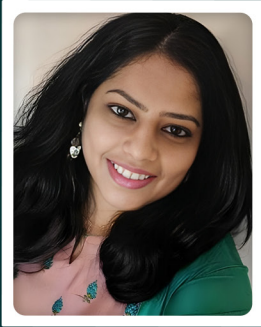
## NITHEESH SUNDARESAN

He is the founder of Varsya Eco Solutions Pvt Ltd, a startup focused on sustainable packaging through in-house technology development and manufacturing. At Varsya, he leads the company's commitment to sustainability in every aspect of their work. Their mission goes beyond recycling; they aim to replace plastic and foam products with sustainable materials derived from agriculture. Through this approach, he empowers rural communities and promotes transparency in sustainable supply chains.





# HEALTH PANEL



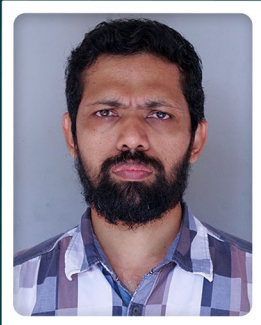
## CIGIMOL JACOB

Cigimol Jacob holds a Master's in Social Work from Sree Sankaracharya University of Sanskrit, Kalady, and has 20 years of experience in social development projects with the Government of Kerala. Currently, she serves as the State Project Coordinator at the Kerala Social Security Mission, an initiative by the Government of Kerala focused on improving welfare and social security for marginalized and vulnerable groups across the state.



## ANIL A

Anil A, Executive Director of ANANNIA, leads this unique initiative formed by a group of social activists, social workers, and professionals dedicated to uplifting marginalized and stigmatized communities in Kerala. One of ANANNIA's key projects, CHILLA Centre for Habilitation, offers educational training and occupational therapy to empower individuals with autism and other developmental disorders. Through these services, CHILLA helps individuals identify their strengths, build vocational skills, and integrate into professional workplaces.



## PRADEEP C

After a 17-year career in journalism, beginning with Deepika, and later serving as chief sub-editor at Metro Vaartha and program coordinator at Radio Mangalam 91.2, he transitioned into social work. Since 2022, he has been working with the Society for Action in Community Health (SACH), a national NGO dedicated to school sanitation, WASH (Water, Sanitation, and Hygiene), skill development, worker cooperatives, healthcare for the elderly and individuals with neuro disorders, rural enterprise, and disaster response



## DR ATHIRA MENON

Dr. Athira Menon, an Ayurvedic physician with a Master's in Public Health and Clinical Trials, is the founder of Prajayini Fertility and Wellness. She specializes in integrating Ayurvedic principles with modern medical practices, focusing on reproductive health, fertility, and prenatal and postnatal care. Her contributions during the COVID-19 pandemic, in collaboration with the World Health Organization, have deepened her commitment to public health. Passionate about community empowerment, especially for women, Dr. Menon advocates for wellness through education and holistic healthcare.



## DR S K AJAIYAKUMAR

Dr. S.K. Ajaiyakumar, fast emerging as a sought after Bariatric and Metabolic Surgeon, is an Additional Professor in Surgery at the reputed Government Medical College, Thiruvananthapuram, where from he did his MBBS and MS in General Surgery. The first endoscopic thyroidectomy in a public sector hospital in Kerala was done by Dr. S.K. Ajaiyakumar, in the Govt. Medical College, Thiruvananthapuram. He is the first surgeon to have successfully performed a Metabolic Surgery in the Sultanate of Oman.



# EDUCATION PANEL



## DR. SARITHA BAIJU

Assistant Professor and Head of the Department of Commerce at NSS College, Neeramankara, with over 15 years of teaching experience. She has been actively involved in social work, previously serving as the Program Officer for NSS at NSS College, Kottiyam, and working closely with the Rotary Community Corps (RCC), a community of women dedicated to social service. Currently, she is the President of the Women's Wing of the Rotary Club in Trivandrum, where she leads initiatives aimed at empowering women and promoting community development.



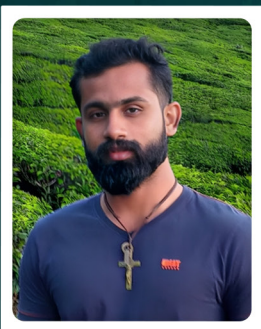
## TONY M TOM

An accomplished Operations Manager with over 10 years of experience in the social work sector, specializing in community development. Demonstrated expertise in program coordination, project management, and community engagement, leading initiatives that promote social welfare and enhance service delivery. Outstanding contributions have significantly improved community health, education, and empowerment.



## AJO P

Founder and Director of Cambio Foundation. With over three years of experience in community service, Cambio Foundation has supported over 5,000 individuals through initiatives that provide better education, educational materials, and mental and physical training, among other support services. The foundation is also actively engaged in numerous activities aimed at improving the prospects of the next generation.



## AUGUSTINE E JOSEPH

Founder and CEO of Dolphods Foundation, a nonprofit organization dedicated to environmental sustainability, education, and community development. With a mission to empower communities through sustainable practices, education, and innovative solutions, we focus on four key areas: environmental conservation, education and skills development, community engagement, and sustainable livelihoods. Alongside my work in environmental and climate activism, I am a social entrepreneur, social worker, and also enjoy consulting in marketing and teaching as a brass band instructor.



## VINOD NARAYAN

Rtn Vinod Narayan serves as a board member of the Rotary Club of Trivandrum Suburban and is a council member of the National Institute of Personnel Management. With extensive experience across corporates, NGOs, and educational institutions, he is currently the Head of HR at Caidya International.



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# UNSUNG HEROES



## ANEETH

Mr. Aneeth, an inspiring amputee bodybuilder, has made a significant mark in competitive bodybuilding, earning titles across various prestigious events. He holds the title of Mr. India, Mr. South India once, Mr. Kerala twice, and Mr. Trivandrum four times. His achievements showcase his determination and passion, serving as a motivational figure in the fitness community.



## DR MALAYINKEEZHU PREMAN

Dr. Malayinkeezhu V. Preman, a differently-abled social activist from Thiruvananthapuram, Kerala, has tirelessly championed the rights of marginalized communities, leaving an inspiring legacy in accessibility and social justice. Honored in the Credence Book of World Records for his dedication to social work, he has positively impacted countless lives through innovative solutions and unwavering compassion. From grassroots initiatives to large-scale projects, his leadership and commitment to community welfare have brought about transformative change and inspired many toward a more inclusive society.



## BHASKAR SREERAM

Bhaskar Sreeram is a dedicated professional athlete with over a decade of experience in Iron Games, earning various accolades at state, district, and university levels. Actively involved in promoting sports among the differently-abled community, he currently works as a Senior Executive in Finance & Accounts at Allianz Services in Trivandrum. Bhaskar serves as the Trivandrum District Joint Secretary of the Sports Association for the Differently Abled (affiliated with the Paralympic Committee of India) and as State Coordinator for the Wheelchair Basketball Association. He is also the President of the Kerala Vegetarian Club.



# WORKSHOPS



Cambio Foundation believes in the power of community-driven change, dedicating its efforts to uplifting tribal communities worldwide. With a strong commitment to sustainable development, cultural preservation, and improved livelihoods, Cambio has led impactful projects that span education, healthcare, and more. Guided by a passionate team and a record of successful initiatives, Cambio Foundation is at the forefront of creating lasting, positive change for communities in need.



We Grow Forest Foundation is a sisterhood of women hailing from diverse professional realms, unified by a common purpose to rejuvenate our natural world and infuse urban spaces with verdant life. Established as an environmental charity with a sweeping global vision, We Grow Forest Foundation is dedicated to underscoring the significance of ecological restoration.



Tree Tag was started to tackle the issue of inability to track trees that were planted as part of environment protection drives. Tree Tag let you publicly view the location and details of such trees. What's more is that we provide a platform for businesses and people to sponsor trees without the hassle of having to procure, plant and maintain the trees themselves.



3Z Study Abroad Consultants was established with a commitment to providing top-quality education guidance, with branches in Dubai and India. Our mission is to bridge the gap for students seeking the right university and course to fit their aspirations. We also offer career guidance sessions and share valuable insights on opportunities to help students make informed decisions about their futures.



TREE WALK, founded in May 2012 in memory of late Botany Professor Dr. C. Thankam, is dedicated to protecting trees and green spaces in Thiruvananthapuram. This group documents the city's plant biodiversity, advocates for tree protection, and actively engages youth in environmental conservation. TREE WALK has conducted over 40 programs, including Sunday morning walks to explore the city's trees and plants..



Let's Live is a mental health advocacy and awareness NGO in Kerala, India, focused on preventing youth suicides. Based in Trivandrum and registered as a Public Charitable Trust, Let's Live (Registration No. 12/2018/4) supports young people dealing with issues that may lead to suicidal thoughts, while also promoting mental and emotional well-being through positive thinking and living.



Founded in 2015, Naughty's Pet Sanctuary has grown from a home-based initiative to a registered NGO with 80G and 12A certifications. Operating two dog shelters with 100 rescues, a cat shelter with 30 cats, and a cow shelter housing 80 cows rescued from slaughter, the sanctuary provides a safe haven, medical care, and a loving environment for animals in need. Their mission is to create a more compassionate world for all animals.

# CLOSING KEY NOTE



## SANJAYAN KUMAR INDIAN FOREST SERVICE

Sanjayan Kumar is an Indian Forest Service (IFS) officer and has worked as Park Manager at Periyar tiger reserve, thekady, kerala for the past 5 years. He previously worked as Park Manager at Parambikulam Tiger reserve for more than 4 years. He has been working closely with the local and ethnic communities in support of their socio-economic empowerment and their livelihood sustainability, including the long term management of protected area and conservation of tiger reserves.

Previously, Mr Kumar led periyar tiger reserve to get the first India biodiversity award institute by UNDP and GOI, for the best managed protected area in the country at COP11 in 2012. He has won numerous other awards, including NTCA award in 2012 and 2015, the Wwf pata award in 2015, Biodiversity award in 2014, and the CM Award for Innovations in 2014. Mr Kumar holds a BSc in forestry, an MA in Environmental economics and a Masters of Phill, Environmental.



# CONFERENCE CHAIRS



**FR CYRIAC MADATHIL CMI**  
INSTITUTION CHAIR



**JIMMY MANUEL**  
LUD CHAIR



**DR MEERA ASMI**  
NGO CHAIR



**B R KRISHNANUNNI**  
STUDENT CHAIR



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# CONFERENCE CORE COMMITTEE



**Fr LIJO THOMAS**  
FOUNDER & DIRECTOR  
Let Us Dream Community  
Conference



**Dr JOLLY JACOB**  
PRINCIPAL  
Christ Nagar College



**THOMAS LAWRENCE**  
CEO  
Save Wetlands International  
Movement



**VINOD M S**  
FACULTY COORDINATOR  
Let Us Dream Community  
Conference 2024



**DEEPTHI RANI**  
FACULTY COORDINATOR  
Let Us Dream Community  
Conference 2024



**GODWIN V P**  
PROGRAMME COORDINATOR  
Christ Nodal Office, TVM



**Rtn. DR. BAIJU RAMACHANDRAN**  
Rotary Club of Trivandrum Suburban



**GOKUL KRISHNA A**  
CLIMATEHOOD



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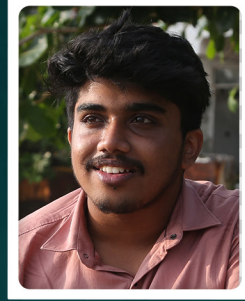
# CONFERENCE SUBCOMMITTEE MEMBERS



**Anto B George**



**Ananthu Sasi S V**



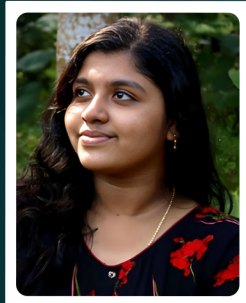
**V S Anoop Krishna**



**Abhinav Rajeev**



**Shivani Krishna**



**Gowri Shivani S P**



**H S Arjun Krishnan**



**Adyuth S Prem**



**Abhirami S**



**Aswanth A**



**Aswathy Devi**



**Aparna B S**



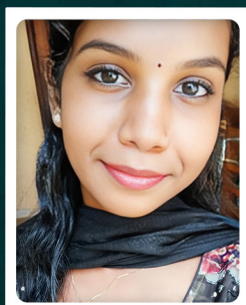
**Amrita Santhosh**



**Gopika Gopakumar**



**Abijith R Nair**



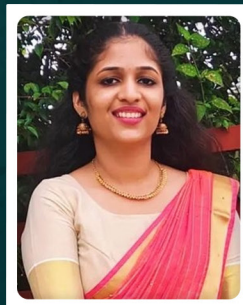
**Gouri K**



**Amal H S**



**Vaisakh S Raj**



**Aswathy venugopal**

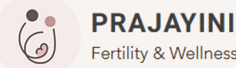


**Arya Murali**



LET US DREAM

# OUR PARTNERS





# Let Us Dream

## Annual Community Conferences of 2024

**21 SEPTEMBER  
HYDERABAD  
ST, FRANCIS COLLEGE FOR WOMEN**

**28 SEPTEMBER  
PUNE  
SAVITRIBAI PHULE PUNE UNIVERSITY**

**26 OCTOBER  
BENGALURU  
ST, FRANCIS DE SALES COLLEGE**

**31 OCTOBER  
LOUISIANA  
GRAMBLING STATE UNIVERSITY**

**8 NOVEMBER  
NEW YORK  
BINGHAMTON UNIVERSITY**

**16 NOVEMBER  
TRIVANDRUM  
CHRIST NAGAR COLLEGE, MARANALLOOR**

**23 NOVEMBER  
CHENNAI  
WOMEN'S CHRISTIAN COLLEGE**

**30 NOVEMBER  
TANZANIA  
UNITED AFRICAN UNIVESITY OF TANZANIA**